## **CORONAVIRUS COVID-19**

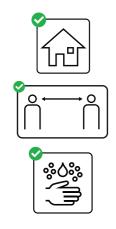
URGENT PUBLIC HEALTH MESSAGE FOR THE FRIBOURG POPULATION



## WE ALL MUST ACT TO STOP THE SPREAD OF COVID-19

- > Switzerland is in a state of emergency.
- > The number of cases is rising rapidly.
- > The entire population is affected.
- > Everyone must take action to limit the number of severe cases so as not to overwhelm our health system.
- The cantonal government urgently calls on the people of Fribourg to act responsibly.

## **HOW TO PROTECT YOURSELF AND OTHERS**



## STAY AT HOME

AVOID ALL NON-ESSENTIAL TRAVEL

AVOID ALL RISKY ACTIVITIES THAT COULD CAUSE INJURY AND REQUIRE YOU TO SEEK MEDICAL ATTENTION

MAINTAIN A SAFE DISTANCE - TWO METRES - FROM OTHERS

REGULARLY WASH YOUR HANDS WITH SOAP AND WATER

KEEP UP-TO-DATE ON THE LATEST INFORMATION ABOUT THE COVID-19 OUTBREAK AND ON ANY NEW PRECAUTIONS YOU SHOULD TAKE

YOUR COOPERATION IN THESE DIFFICULT TIMES IS VITAL.
THANK YOU



FR fr.ch/covid19

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